

# The Sanctuary Referent Guide

Specializing in Trauma-Informed Care  
For Victims of Child Sexual Exploitation



# WHO WE ARE

The Sanctuary (TS) at StreetLightUSA (SLUSA) is a level 2 residential trauma healing facility for adolescent females who have been victims of child sexual exploitation or who are at high risk of being sexually exploited.

Trauma healing services include the treatment of co-occurring disorders and behaviors, to include acute trauma symptoms, substance abuse, disruptive behaviors, interpersonal/attachment related challenges, anxiety, depression, and mood disorders.

All services are included within our cultural and diversity responsive paradigm.

## *Services Offered:*

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- Screening and Referrals
  - Trauma Healing Focused Therapy
  - General Medical Care (nationally recognized pediatric provider experienced in CSE care)
  - Psychiatric Care Services
  - Substance Abuse (SA) Treatment
  - Pastoral Care Services, optional
  - Aftercare Services
  - Healing Music Classes
  - Equine Facilitated Coping Skills Groups
  - Healing Art Series
  - Emotional Support Pet Groups
  - Trauma Healing Yoga Classes
  - Survivor Peer Led Life Skills Groups
  - Trauma-Informed Academic Support and Schooling
  - Sleep Hygiene Curriculum



# Referral Process

- Females 13 – 17
- Confirmed or highly suspected history of CSEC
- Medically cleared
  - to include clearance from illegal and/or unprescribed substances and/or alcohol at the time of intake assessment and admission
- Mental status examination shows intact reality testing and full orientation, with no indication of current dissociation and/or active psychosis and delusions.
- Referent agrees to all policies and procedures, to include all integrative services and academics that comprise SLUSA's trauma-informed holistic treatment model.
- Danger-to-self factors are limited to ongoing and/or pervasive intrusive thoughts and active management of para-suicide/self-harming behaviors.
- Prospective client is willing to actively engage in treatment and all services that comprise SLUSA's trauma-informed holistic treatment model, as well as abide by the program's community expectations and behavior support incentive program.

## **Exclusionary Criteria:**

- Prospective clients with chronic/pervasive medical conditions that are not medically and/or pharmacologically stabilized (e.g. seizure disorders).
- Developmental disabilities that would preclude a prospective client from benefiting from treatment and services.
- Significant limitations in independently completing activities of daily living.

StreetLightUSA values community partnership. We believe that together, we can help to make the process of recovery and healing a bit less challenging to clients and their families.

1. Contact our referral team at:
  - a. (623) 435-0904
  - b. [thesanctuaryreferrals@streetlightusa.org](mailto:thesanctuaryreferrals@streetlightusa.org)
2. Screening completed with referral team.
  - a. Cases meeting initial criteria are scheduled for a referral assessment for final determination.
  - b. Cases not meeting initial criteria are provided referral information to community-based services.
3. Referral assessment completed with Trauma Specialist (telephonically or in-person).
  - a. Approved referrals are scheduled for admission.
  - b. Referrals not meeting admission criteria are provided with community based service information.

\*Admission date is determined based on approved referral assessment and insurance/payment for services confirmed.