



## Lighted Path

*Specializing in Trauma-Informed Care  
For Victims of Commercial Sexual Exploitation of Children*




Arizona Human  
Trafficking Council

John 1:5

# Lighted Path

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## Five Core Components of StreetLightUSA's Trauma-Informed Services

### **Safety**

*Restoring a sense of physical and emotional safety at the resident's own pace, thus giving way to a restored sense of control over her own life, body, and emotions.*

### **Self-Regulation**

*Building and/or restoring emotional and behavioral balance by strengthening healthy coping and problem-solving skills*

### **Healing and Connection**

*Healing emotional wounds, healing shame, and restoring healthy connections and trust in self and others.*

### **Neurophysiological Support**

*Supportive interventions to restore the nervous system, as well as cognitive and developmental areas impacted by trauma*

### **Pastoral Services**

*Christ-Centered services to provide spiritual support and heal spiritual wounds caused by the trauma.*

## Program Description

Lighted Path at StreetLightUSA is our 16-bed residential program providing trauma-informed care services to adolescent females who are at risk, suspected, or confirmed victims of child sexual exploitation (CSE). From its inception in 2009, StreetLightUSA's mission and heart has been to rescue and support the recovery of children who have fallen victim to sexual exploitation. StreetLightUSA brings this mission to life through multi-disciplinary services and practice that extend to community-based partnerships and collaboration. Our Lighted Path program provides an emotionally and physically safe therapeutic living environment with specialized and comprehensive support services that encourage and empower holistic healing and thriving.

The StreetLightUSA specialized and trauma-informed service model is founded on evidence-based practices for adolescent complex and developmental trauma. Survivor-based feedback is continually integrated into our services to strengthen the residents' sense of validation, trust, and hope. This holistic model includes attention to the neurophysiological and developmental/attachment-based components of trauma in order to achieve whole body and mind recovery. Children have the opportunity to participate in pastoral care services with StreetLightUSA's Campus Pastor. Studies show that spiritual nurture and growth in one's faith is vital to the recovery process for victims of sexual exploitation and abuse.



## **Lighted Path's Available Services**

**Specialty Trained Staff**

**Trauma-Informed Intake and Orientation**

**Sensory Modulating Equipment Throughout the Milieu**

**Home-Like Living Quarters**

**On-Site Campus Security Personnel and Safety Supervision Equipment**

**Case Management Services**

**On-Site Pediatric Care**

*(nationally recognized pediatric provider experiences in CSE Care)*

**Victim Advocacy**

**Healing Arts Group**

**Behavioral Support Incentive Program**

**Life-Skills Group**

**Mentorship Program**

**Recreational and Culturally Responsive Activities**

**Vocational and Employment Support**

**Trauma-Informed Fitness Classes**

**Food-Mood Responsive Menu**

**Trauma Responsive Environmental Design**

**Trauma-Informed On-Site Academic Support**

**Pastoral Care Services**



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## Admission Criteria

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StreetLightUSA values every child's emotional and physical safety, as well as understanding the unique needs of children who have been sexually exploited. In efforts to protect and ensure a high standard of care to each child, we review our admission criteria as part of each referral call. Children with co-occurring severe mental illness diagnoses, developmental delays, and/or active self and/or other harm ideations and psychosis are referred to higher level care. We highly discourage placement of children that do not share in same/similar CSE experiences and/or sexual abuse histories as the rest of our population, as this exposes children with other life experiences to the unfortunate world of sex-trafficking.

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## Referral Process

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Referrals for services can be directed to:  
Courtney Bollinger at 623-687-8371.

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## Emergency Placement

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Emergency Placement is typically initiated by law enforcement and/or the Department of Child Safety (DCS). A child can be placed at Lighted Path without a parent present if DCS has attained or is in the process of attaining guardianship. Private placement directly from a parent or guardian is considered on a case by case basis and may be referred to our behavioral health residential program, The Sanctuary.

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## Lighted Path Program Facility

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Program services offer emotional and physical safety in a home-like environment for the girls residing at StreetLightUSA.